



# Active Citizenship EXCELLERATOR

ACE is an advanced leadership program for women change-makers from non-profits and public service in EU countries.

## ARE YOU READY TO GROW YOUR IMPACT?

No matter how qualified you are, handling leadership challenges, workplace politics, and gender bias is a constant challenge.

Your tools and strategies are not cutting it. You feel like you're doing it alone. There is nobody to turn to for guidance or help.

There is too much going on. You have no space or energy to take care of yourself. You worry: am I going to burn out?

You're over those entry-level programs that repeat the basics. You want something highly effective.

## ARE YOU READY TO ACE IT?



The ACE program will provide you with the competencies to navigate complex landscapes, diverse perspectives and interests with healthy confidence, grace and mastery.



By joining our program and the Women Lead Community you will connect with other women leaders and benefit from peer support.



You will be more effective and impactful without compromising your wellbeing, thriving as a leader.



## ACE Leadership Development for Women

Become a powerful agent for change  
with the ACE program

## TOPICS OF THE ACE PROGRAM

- **Self-awareness and self-reflection:** Gain valuable insights into your growth edges.
- **Leadership Embodiment:** You are more than your brain. Use your body to advance your leadership.
- **Energy & Attention:** Manage your energy and attention for optimal performance. Avoid burnout.
- **Personal Productivity:** Embrace simple but extremely effective hacks that maximize your results.
- **Neuro-hacks:** Leverage the power of neuroscience to overcome your limiting beliefs.
- **Deep Relaxation Techniques:** Recharge your batteries and reduce stress.
- **Complexity Tools:** Navigate complex situations with integrity and mastery.
- **Master Difficult Conversations:** Learn high-leverage communication skills.
- **Find Your Haven:** Bond with a diverse group of peers in the Women Lead Community.

## WHEN, WHERE & HOW TO APPLY



Online: 8 September 2023  
19:30-21:30 CET

Onsite: 16-20 September 2023  
Germany | Freiburg im Breisgau

Online: 6 October 2023  
19:30-21:30 CET

Online: 20 October 2023  
19:30-21:30 CET



Applications for the ACE 2023 program are accepted until 15 June 2023. Apply here:  
[office.europe@leadership.associates](mailto:office.europe@leadership.associates)



EUR 2.790,- or 0,-. Thanks to EU co-funding, we offer partial and full scholarships. The cost of board and lodging in a single bedroom for the duration of the onsite program (4 nights) is EUR 440,-.

## FACILITATORS

Blanka Bellak   Angelika Pohnitzer   Elke Fein   Bettina Geiken

